

**ABNORMAL UTERINE BLEEDING (AUB) PROVIDERS – METRO AUCKLAND**

Please contact [nor-womenshealthpc@tewhatuora.govt.nz](mailto:nor-womenshealthpc@tewhatuora.govt.nz) for any additions or amendments to this list

If you are unable to refer to a GP colleague, the Mangere LARC/AUB clinic can accept referrals, contact [nor-womenshealthpc@tewhatuora.govt.nz](mailto:nor-womenshealthpc@tewhatuora.govt.nz)

<b>AUCKLAND/WAITEMATA</b>		
<b>Practice</b>	<b>Name</b>	<b>Email</b>
<b>Birkenhead Medical Centre</b> T: 09 419 1636	Claire Han	<a href="mailto:admin@birkenheadmedical.co.nz">admin@birkenheadmedical.co.nz</a>
<b>College Hill Doctors</b> T: 09 360 8008	Hannah Liu	<a href="mailto:info@chd.co.nz">info@chd.co.nz</a>
<b>Family Health Matters</b> T: 09 973 4106	Michal Noonan	<a href="mailto:reception@fhm.co.nz">reception@fhm.co.nz</a>
<b>Hillside Medical Centre</b> T: 09 625 9068	Dr Foong Yeen Chan Dr Ang Liu	<a href="mailto:reception@hillsidemedical.co.nz">reception@hillsidemedical.co.nz</a>
<b>Lifeline Medical Centre Ōtāhuhu</b> T: 09 276 2822 E: <a href="mailto:reception@lifelinemedical.co.nz">reception@lifelinemedical.co.nz</a>	Sobia Imran	
<b>Mt Wellington Family Health Centre</b> T: 09 570 2999 E: <a href="mailto:info@mtwellingtondocs.co.nz">info@mtwellingtondocs.co.nz</a>	Kirsty Good	
<b>Panmure Medical Centre</b> T: 09 570 4019 E: <a href="mailto:reception.panmed@gmail.com">reception.panmed@gmail.com</a>	Grant Robertson	
<b>Three Kings Accident &amp; Medical</b> T: 09 625 2999 E: <a href="mailto:admin@threekings.co.nz">admin@threekings.co.nz</a>	Himali McInnes Kate Harrison	

\*Accepts referrals from enrolled patients only

<b>EASTERN</b>		
<b>Practice</b>	<b>Name</b>	<b>Email</b>
<b>Beachlands Medical Centre</b> T: 09 536 6006	Naghham Hawa Rebecca Starr	<a href="mailto:manager@beachmed.co.nz">manager@beachmed.co.nz</a>
<b>Botany Junction Medical Centre</b> T: 09 265 0321 E: <a href="mailto:nurse@bjdocs.co.nz">nurse@bjdocs.co.nz</a>	Ahmed Kareem Carlos Lam Yang Jayani Kannangara Sonia Kamdar Therese Khella Wen Chen Yimin Wang	
<b>Botany Medical and Urgent Care</b> T: 09 280 1790 E: <a href="mailto:reception@botanygp.co.nz">reception@botanygp.co.nz</a>	Naghham Hawa Salam Salih	
<b>Botany Town Centre Medical Practice</b> T: 09 273 6003, E: <a href="mailto:admin@bmp.nz">admin@bmp.nz</a>	Pieter Vosloo Dr Chantelle Kahl	

# Health New Zealand

## Te Whatu Ora

EASTERN		
<b>Clendon Family Health Centre</b> T: 09 267 2636 E: <a href="mailto:admin@clendonfamily.co.nz">admin@clendonfamily.co.nz</a>	Dr Bhavana Patel Dr Lisa Karl	<a href="mailto:bhavana@clendonfamily.co.nz">bhavana@clendonfamily.co.nz</a> <a href="mailto:Lisa@clendonfamily.co.nz">Lisa@clendonfamily.co.nz</a>
<b>Crawford Medical Centre</b> T: 09 538 0083	Bruce Greenfield Dr Bradford Volk	<a href="mailto:nurse@crawfordmedical.co.nz">nurse@crawfordmedical.co.nz</a>
<b>DW Family Doctors</b> T: 09 576 5177 E: <a href="mailto:infodwdoctors@gmail.com">infodwdoctors@gmail.com</a>	Dr David Wu Dr Yirui (Joyce) Zhang	
<b>Highland Park Medical Centre</b> T: 09 535 8095 E: <a href="mailto:medical@highlandpark.co.nz">medical@highlandpark.co.nz</a>	Brett Hyland Joyce Leung* Wendy Chan	<a href="mailto:bretthyland@highlandpark.co.nz">bretthyland@highlandpark.co.nz</a> <a href="mailto:lydia@highlandpark.co.nz">lydia@highlandpark.co.nz</a>
<b>Howick Health and Medical Centre</b> T: 09 534 3978 E: <a href="mailto:reception@howickhealth.co.nz">reception@howickhealth.co.nz</a>	Amanda Sew Hoy Amy Rankin	<a href="mailto:amyh.rankin@gmail.com">amyh.rankin@gmail.com</a>
<b>Howick House Medical</b> T: 09 535 8797 E: <a href="mailto:reception@howickhouse.co.nz">reception@howickhouse.co.nz</a>	Bronwyn Lloyd	
<b>Local Doctors Dannemora</b> T: 09 274 7823 ext. 9935	Janan Mansour Tanvir Kaur	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Marina Medical Centre</b> T: 09 534 5414 E: <a href="mailto:info@marinamedical.co.nz">info@marinamedical.co.nz</a>	Pei Yeong* Yirui (Joyce) Zhang	
<b>Millhouse Integrative Medical Centre</b> T: 09 537 4980 E: <a href="mailto:reception@millhousemedical.co.nz">reception@millhousemedical.co.nz</a>	Aileen Wong Satya Subramanian Therese Khella	<a href="mailto:aileenwong@millhousemedical.co.nz">aileenwong@millhousemedical.co.nz</a> <a href="mailto:satya@millhousemedical.co.nz">satya@millhousemedical.co.nz</a>
<b>Ormiston Medical Centre</b> T: 09 265 1325 E: <a href="mailto:info@ormistonmedical.co.nz">info@ormistonmedical.co.nz</a>	Lily Liu	
<b>Tend Pakuranga Medical Centre</b> T: 09 950 7351 E: <a href="mailto:kiaora@tend.nz">kiaora@tend.nz</a>	Bushra Kadhim Eileen Sables Simon Russell	<a href="mailto:auckland@tend.co.nz">auckland@tend.co.nz</a> <a href="mailto:auckland@tend.co.nz">auckland@tend.co.nz</a> <a href="mailto:auckland@tend.co.nz">auckland@tend.co.nz</a>

FRANKLIN		
Practice	Name	Email
<b>Pukekohe Family Health Care</b> T: 09 237 028 E: <a href="mailto:contact@pukekohehealth.co.nz">contact@pukekohehealth.co.nz</a>	Aileen Elborough Rattan Saini*	
<b>Pukekohe South Doctors</b> T: 09 237 0286	Louimillsa Sinclair	<a href="mailto:reception@pukekohesouthdoctors.co.nz">reception@pukekohesouthdoctors.co.nz</a>
<b>Waiuku Health Centre</b> T: 09 235 9102	Nicola Coombes* Sasha Maxwell	<a href="mailto:admin@waiukumedical.co.nz">admin@waiukumedical.co.nz</a>

MANGERE		
Practice	Name	Email
<b>Bader Drive Health Care Mangere</b> T: 09 275 8598	Hina Lutui Nua Tupai	<a href="mailto:womenshealth@bdhealthcare.co.nz">womenshealth@bdhealthcare.co.nz</a>
<b>Dr John Upsdell - Doctors Clinic</b>	John Upsdell*	

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## Te Whatu Ora

MANGERE		
T: 09 278 7214		
<b>Local Doctors Mangere</b> T: 09 274 7823 ext. 9935	Lamara Kandelaki	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Mangere East Medical Centre</b> T: 09 275 8587 E: <a href="mailto:mangereeastmc@xtra.co.nz">mangereeastmc@xtra.co.nz</a>	Shelley Roy	
<b>Mangere Health Centre</b> T: 09 255 0600 E: <a href="mailto:info@mangerehealthcentre.co.nz">info@mangerehealthcentre.co.nz</a>	Rekha Das Satya Subramanian Tim Hou Lorrayne Rani (under supervision of Dr Hou)	<a href="mailto:das@mhc.net.nz">das@mhc.net.nz</a> <a href="mailto:subramanian@mhc.net.nz">subramanian@mhc.net.nz</a> <a href="mailto:tim.hou@mhc.net.nz">tim.hou@mhc.net.nz</a> <a href="mailto:lorrayne@mhc.net.nz">lorrayne@mhc.net.nz</a> <a href="mailto:registrar@mhc.net.nz">registrar@mhc.net.nz</a>
<b>Mangere LARC/AUB Clinic</b> T: 021 371586		<a href="mailto:nor-womenshealthhpc@tewhatuora.govt.nz">nor-womenshealthhpc@tewhatuora.govt.nz</a>
<b>The Doctors Middlemore</b> T: 09 275 9977	Dr Indira Wickramasinghe	<a href="mailto:info@md.thedoctors.co.nz">info@md.thedoctors.co.nz</a> <i>Accepts Referrals</i>
<b>Turuki Health Care</b> T: 09 275 5788	Janet Vaughan Emalia Lavemai Katrina Kirikino Thealyssa Ng	<a href="mailto:mangere@thc.org.nz">mangere@thc.org.nz</a>

MANUKAU		
Practice	Name	Email
<b>Counties Medical Integrated Health Centre</b> T: 09 299 9384	Amelia Tuyay*	<a href="mailto:Amy.Tuyay@countiesmedical.co.nz">Amy.Tuyay@countiesmedical.co.nz</a>
<b>Bakerfield Medical &amp; Urgent Care Clinic</b> T: 09 263 7770	Sahar Bahnan Hannah Liu	<a href="mailto:manager@bakerfield.co.nz">manager@bakerfield.co.nz</a>
<b>Clendon Medical Centre</b> T: 09 267 4525 E: <a href="mailto:reception@clendonmed.co.nz">reception@clendonmed.co.nz</a>	Richard Kenner	
<b>Counties Medical Family Health GP Clinic</b> T: 09 299 9384	Amelia Tuyay*	<a href="mailto:Amy.Tuyay@countiesmedical.co.nz">Amy.Tuyay@countiesmedical.co.nz</a>
<b>Hunters Corner Medical Centre</b> T: 09 278 5563 E: <a href="mailto:reception@hunterscornermedical.co.nz">reception@hunterscornermedical.co.nz</a>	Esther Hausia	
<b>Local Doctors Takanini</b> T: 09 274 7823 ext. 9935	Paul Hutchison	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Papakura East Medical Centre (The Doctors Papakura)</b> T: 09 299 9666 E: <a href="mailto:admin@pemc.co.nz">admin@pemc.co.nz</a>	Primla Khar Sarah Holmes (will be on leave from late Dec 2025 for an extended time)	
<b>Papakura Family Medicine Clinic</b> T: 09 298 6378 E: <a href="mailto:surgerychoy@gmail.com">surgerychoy@gmail.com</a>	Amelia Tuyay*	
<b>Rosehill Christian Medical Centre</b> T: 09 298 2780 E: <a href="mailto:reception@rcmc.org.nz">reception@rcmc.org.nz</a>	Imelda Quero Dr Melissa Amertil Dr Grace Tong	

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## Te Whatu Ora

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<b>Te Manu Aute Whare Oranga, Manurewa Marae</b> T: 09 640 0822	Veenita Devi Rairi	<a href="mailto:admin@manurewamarae.co.nz">admin@manurewamarae.co.nz</a>
<b>The Doctors Drury</b> T: 09 294 3005 E: <a href="mailto:admin@drury.thedoctors.co.nz">admin@drury.thedoctors.co.nz</a>	Sophie Chan	
<b>Tiakina Te Ora Medical Practice</b> T: 09 298 0778 E: <a href="mailto:admin@tiakinateora.co.nz">admin@tiakinateora.co.nz</a>	Jacqueline Allan	

OTARA		
Practice	Name	Email
<b>Local Doctors Otara</b> T: 09 274 7823 ext. 9935	Oruba Khalil Sue Tutty	<a href="mailto:anjini.kumar@tamakihealth.co.nz">anjini.kumar@tamakihealth.co.nz</a>
<b>Otara Family and Christian Health Centre</b> T: 09 274 6654 E: <a href="mailto:reception@otarafamily.health.nz">reception@otarafamily.health.nz</a>	Dr Mark Arbuckle Dr Karina Cooper Dr Sonal Gosai Renee Carroll (Nurse) Delvene Steven	<a href="mailto:mark.arbuckle@otarafamily.health.nz">mark.arbuckle@otarafamily.health.nz</a> <a href="mailto:karina.cooper@otarafamily.health.nz">karina.cooper@otarafamily.health.nz</a> <a href="mailto:Sonal.gosai@otarafamily.health.nz">Sonal.gosai@otarafamily.health.nz</a> <a href="mailto:Renee.carroll@otarafamily.health.nz">Renee.carroll@otarafamily.health.nz</a> <a href="mailto:Delvene.steven@otarafamily.health.nz">Delvene.steven@otarafamily.health.nz</a>